

Teletherapy Informed Consent Form

I _____ hereby consent to engage in Teletherapy with Alison Dickson. I understand that “teletherapy” includes consultation, treatment, transfer of medical data, emails, telephone conversations and education using interactive audio, video, or data communications. I understand that teletherapy also involves the communication of my medical/mental information, both orally and visually.

I understand that I have the following rights with respect to teletherapy:

1. I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.

2. The laws that protect the confidentiality of my medical information also apply to teletherapy. As such, I understand that the information disclosed by me during the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are discussed in detail in the general Consent for Treatment and intake forms I received at the onset of services or with this consent form.

3. I understand that there are risks and consequences from teletherapy, including, but not limited to, the possibility, despite reasonable efforts on the part of Alison Dickson, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons.

4. In addition, I understand that teletherapy based services and care may not be as complete as face- to-face services. I also understand that if Alison Dickson believes I would be better

served by another form of therapeutic services (e.g. face-to-face services) I will be referred to a professional who can provide such services in my area. Finally, I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my psychologist, my condition may not be improve, and in some cases may even get worse.

5.I understand that I may benefit from teletherapy, but that results cannot be guaranteed or assured.

6.I accept that teletherapy does not provide emergency services. During our first session, Alison Dickson and I will discuss the following emergency response plan: If I am experiencing an emergency situation, I understand that I agree to call 911 or proceed to the nearest hospital emergency room for help. If I am having suicidal thoughts or making plans to harm myself, I agree call the National Suicide Prevention Lifeline at 1.800.273.TALK (8255) for free 24 hour hotline support.

7.I understand that I am responsible for (1) providing the necessary computer, telecommunications equipment and internet access for my teletherapy sessions, (2) the information security on my computer, and (3) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my teletherapy session.

8. I understand that while email may be used to communicate with Alison Dickson, confidentiality of emails cannot be guaranteed.

9. I understand that I have a right to access my medical information and copies of medical records in accordance with HIPAA privacy rules and applicable state law.

10. I understand that I have the option to have my credit card stored for use with each session. I also understand that the cancellation policy for online sessions is that I must give 24 hour notice if I am unable to attend my session, and I agree that Alison

Dickson may charge my card for the cancellation fee if I fail to provide 24 hour cancellation notice.

11. In the event that our video services malfunction or fail, I agree that we may finish our session over the phone with all the same privacy measures in place.

Emergency Contact:

I have read, understand and agree to the information provided above.

Client (or Guardian's) Signature Date

Printed Name

Alison Dickson, MS, Licensed Marriage and Family Therapist
727-873-0650